

How are my relationships with others?

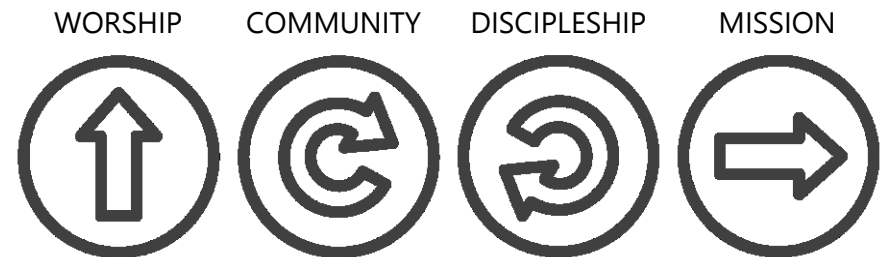
- Am I at peace with everyone I know?
- Is there anyone whom I fear, dislike, disown, criticize, hold resentment toward or disregard? If so, what am I going to do about it?
- Have I damaged another person by words, either behind their back or face to face?
- Have I been honouring, understanding and generous in my relationships this week?
- Have I needed to forgive anyone this week, and if so have I been able to do that?
- Do I need to say sorry to anyone for anything?
- Have I invested the right amount of time in the relationships most important to me?
- Is there anyone who I need to contact, call, or spend more time with?
- How do I relate to the church community, the church family?
- How can I deepen my relationships with others in the church family?

How involved am I in God's mission?

- Have I been witnessing to Christ in both words and actions?
- Have I talked with anyone about Christ?
- Am I praying for my five friends?
- What opportunities has God been giving me to serve others? How have I been responding?
- Am I encountering injustice to, or oppression of others? Am I able to work for justice and shalom?
- Where is God at work in my local community, workplace or family? How could I bless what I see him doing?
- How important to me is the good news of Jesus? Does it leak out of me?
- In what ways am I serving the mission of St Michael's?
- Is God calling me into any new area of service or mission?

LENT

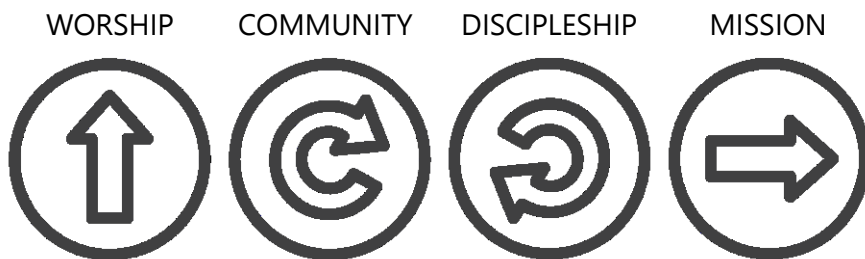
REVIEW AND RENEW



LENT is an amazing world-wide phenomenon. Millions of ordinary people around the world will be using these 40 days to review and renew their spiritual life in Christ and as a local church we will be joining in with it all and trying to make it our own. There are so many different ways of making the most of LENT and every generation has developed its own traditions but while this means that there are hundreds of ways to make it purposeful for us all it can also seem overwhelming. One way you might find helpful is to reflect on your life by **asking yourself four simple questions:**

How is your **worship**, how is your **discipleship**, how are your **relationships with others** and how are you involved in God's **mission**?

Worship, discipleship, community and **mission** are the four markers of all disciples and **all churches**. They are an expansion of the two commands to love God and love our neighbour. Worship and Discipleship are our ways of loving God. Community and Mission are our ways of loving others. Why not use these four simple questions to review your life over the next forty days of LENT?



For a more developed list of questions that might help us evaluate the condition of our heart the following further questions can help. There are lots of questions. So take your time. Depth and honesty is more important than just getting through them.

How is my worship?

- What place does God have in my life right now?
- Would others describe me as 'captivated' by God? Am I a worshipper?
- To what extent am I passionate about joining with others to worship God?
- We worship God with all of our lives. Do I love him with my heart, body, soul, mind and strength?
- What temptations am I currently facing?
- Have I given in to any addictive behaviour this past week?
- Have I been sexually pure in both thoughts and behaviour?
- Have I been honourable in my financial dealings?
- Have I been tempted by jealousy or envy?
- Have I been generous?
- What time have I given to praise and worship of God?
- Has my day to day life been giving God glory?

How is my discipleship?

- In what ways did God make his presence known to me since the last meeting?
- How much time did I make for prayer this week?
- Have I received any specific answers to my prayers? What were they?
- Am I getting to bed on time and getting up on time?
- What Scripture have I read this week? Did it shape the way I think and live?
- Have I sensed any influence or work of the Holy Spirit since the last meeting?
- What spiritual gifts did the Spirit enable me to exercise? What was the outcome?
- What fruit of the Spirit would I like to see increase in my life and what area of my life do I feel that God most wants to change?
- What disciplines might be useful in this effort? What specific steps am I taking with this?